



ermha
365

Mental Health
Disability
Complex Services

PROSPECTUS:

Psychological Services

Supporting you to recognise your strengths and potential – and thrive

At **ermha365** we believe in the potential of everyone. Our service was originally established by a group of passionate carers in Melbourne's south east who were concerned about the lack of support services for their loved ones who were experiencing mental illness. **ermha365** has expanded its services, including support to people with complex mental health and/or a disability diagnosis and community mental health support.

Our psychologists/provisional psychologists are highly skilled professionals who have expertise in supporting people with a range of needs. We offer psychological support services to achieve a range of positive outcomes for people.



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Psychological Services

Psychology can help people learn to cope with stressful situations, build skills, overcome addictions and manage their chronic illnesses. Specialised assessments can also be used to help diagnose a condition or reveal more about the way a person thinks, feels, and behaves. It can also help with treatment planning.

The clinicians at **ermha365** aim to assist people to enrich their lives and help them reach their full potential through a non-judgemental approach.

Our Support

Our support is available for children and adults (NDIS-funded or private clients) and is delivered by highly skilled and trained, registered psychologists.

This includes:

- Counselling
- Emotional regulation skills
- Social skills training
- IQ/cognitive assessments
- Anxiety
- Depression
- Self esteem
- Communication skills
- Relationship difficulties
- Work stress

Our practice

We provide person-centred, evidence-based psychological support and assessment.

- We are committed to providing the highest quality of service
- Our practice methods, are built upon respect for multidisciplinary input and evidence-based decision making
- We are responsive to the unique needs of the person
- We understand that behaviours are functional and adaptive in meeting a need
- We undergo rigorous review and evaluation to ensure we remain a provider of the highest quality, evidence-based service delivery.

Meet the team



Kiri Tsalparos

Kiri is **ermha365**'s National Clinical Manager, Behaviour Intervention Support and Psychological Services. Kiri is a registered psychologist and AHPRA board-approved supervisor with more than 15 years working within the forensic setting, educational settings and disability.

Kiri is a registered NDIS Behaviour Support Practitioner and provides supervision to provisional psychologists working across various settings. Kiri has worked with both adults and children with complex needs to develop intervention plans that will assist the individual to enhance their quality of life.



Lien Kim Pham

Lien is a Behaviour Support Practitioner and Provisional Psychologist. Lien completed her Bachelor of Psychology at Victoria University and Honours in Psychology at Deakin University. She is passionate about helping others and making a difference in their lives.



Jordan Jongebloed

Jordan Jongebloed is a Provisional Psychologist with a Master's in Professional Psychology and is an NDIS registered Behaviour Support Practitioner. Jordan has extensive experience working with complex clients and a wide variety of disorders, along with expertise in psychological assessment and interventions. With a strong commitment to fostering positive change, Jordan is dedicated to supporting and empowering individuals to achieve their best possible outcomes.